



# Monroe Fire Department

## Standard Operating Guidelines Highway Safety Policy

**Purpose:** This procedure identifies parking practices for Fire Department apparatus and vehicles that will provide maximum protection and safety for personnel operating in or near moving vehicle traffic. It also identifies several approaches for individual practices to keep firefighters safe while exposed to the hazardous environment created by moving traffic.

**Level of Performance:** It shall be the policy of the Monroe Fire Department to position apparatus and other emergency vehicles at a vehicle-related incident on any street, road, highway or expressway in a manner that best protects the incident scene and the work area. Such positioning shall afford protection to fire department personnel, law enforcement officers, tow service operators and the motoring public from the hazards of working in or near moving traffic.

All personnel should understand and appreciate the high risk that personnel are exposed to when operating in or near moving vehicle traffic. Responders should always operate within a protected environment at any vehicle-related roadway incident.

Nighttime incidents requiring personnel to work in or near moving near traffic are particularly hazardous. Visibility is reduced and driver reaction time to hazards in the roadway is slowed.

### Safety Benchmarks

All emergency personnel are at great risk of injury or death while operating in or near moving traffic. There are several specific tactical procedures that should be taken to protect all crewmembers and emergency service personnel at the incident scene including;

- Never trust approaching traffic
- Avoid turning your back to approaching traffic
- Establish an initial "block" with the first arriving emergency vehicle or fire apparatus
- Always wear Class II high visibility reflective vests during roadway operations
- Always wear structural firefighting helmet
- Always wear full protective clothing plus the hi-visibility safety vest if appropriate at all vehicle-related emergencies.
- Turn off all sources of vision impairment to approaching motorists at nighttime incidents including vehicle headlights and spotlights
- Use fire apparatus and police vehicles to initially redirect the flow of moving traffic
- Establish advance warning and adequate transition area traffic control measures upstream of incident to reduce travel speeds of approaching motorists
- Use traffic cones and/or cones illuminated by flares where appropriate for sustained highway incident traffic control and direction

- Establish a fire department member assigned to the "Flagger" function to monitor approaching traffic and activate an emergency signal if the actions of a motorist do not conform to established traffic control measures in place at the highway scene

### **Apparatus and Emergency Vehicle Benchmarks**

Positioning of large apparatus must create a safe parking area for EMS units and other fire vehicles. Operating personnel, equipment and patients should be kept within the "shadow" created by the blocking apparatus at all times.

When blocking with apparatus to protect the emergency scene, establish a sufficient size work zone that includes all damaged vehicles, roadway debris, the patient triage and treatment area, the extrication work area, personnel and tool staging area and the ambulance loading zone.

Ambulance should be positioned within the protected work area with their rear patient loading door area angled away from the nearest lanes of moving traffic

Command shall stage unneeded emergency vehicles off the roadway or return these units to service whenever possible.

At all intersections or where the incident may be near the middle lane of the roadway, two or more sides of the incident will need to be protected.

- Police vehicles must be strategically positioned to expand the initial safe work zone for traffic approaching from opposing directions. The goal is to effectively block all exposed sides of the work zone. The blocking of the work zone must be prioritized, from the most critical or highest traffic volume flow to the least critical traffic direction.
- For first arriving engine or truck companies where a charged hoseline may be needed, block so that the pump panel is "down stream", on the opposite side of on-coming traffic. This will protect the pump operator.
- At intersection incidents, consider requesting police response. Provide specific directions to the police officers as to exactly what your traffic control needs are. Ensure that police vehicles are parked in a position and location that provides additional protection of the scene.

Traffic cones shall be deployed from the rear of the blocking apparatus toward approaching traffic to increase the advance warning provided for approaching motorists. Cones identify and only suggest the transition and tapering actions that are required of the approaching motorist.

Personnel shall place cones and flares and retrieve cones while facing oncoming traffic.

Traffic cones shall be deployed at 15 foot intervals upstream of the blocking apparatus with the furthest traffic cone approximately 150 feet upstream to allow adequate advance warning to drivers

Additional traffic cones shall be retrieved from other units to extend the advance warning area for approaching motorists.

### **Incident Command Benchmarks**

The initial-arriving company officer and/or the Incident Commander must complete critical benchmarks to assure that a safe and protected work environment for emergency scene personnel is established and maintained including;

Assure that the first-arriving apparatus establishes an initial block to create an initial safe work area

Assign a parking location for all ambulances as well as later-arriving apparatus.

Lanes of traffic shall be identified numerically as "Lane 1", "Lane 2", etc., beginning from the right to the left when right and left are considered from the approaching motorist's point of view. Typically, vehicles travel a lower speed in the lower number lanes.

Directions "Right" and "Left" shall be as identified as from the approaching motorist's point of view left or right.

Instruct the driver of the ambulance to "block to the right" or "block to the left" as it is parked at the scene to position the rear patient loading area away from the closest lane of moving traffic.

Assure that all ambulances on-scene are placed within the protected work area (shadow) of the larger apparatus.

Assure that all patients loading into Med Units is done from within a protected work zone.

The initial company officer and/or Incident Commander must operate as the Scene Safety Officer until this assignment is delegated.

Command shall assure that Opticom strobe systems are turned OFF and that other emergency lighting remains ON.

At residential medical emergencies, Command shall direct ambulances to park at the nearest curb to the residence for safe patient loading whenever possible.

### **Emergency Crew Personnel Benchmarks**

Listed below are benchmarks for safe actions of individual personnel when operating in or near moving vehicle traffic.

- Always maintain an acute awareness of the high risk of working in or near moving traffic. They are out to get you!

- Never trust moving traffic.
- Always look before you move!
- Always keep an eye on the moving traffic!
- Avoid turning your back to moving traffic.

Personnel arriving in crew cabs of fire apparatus should exit and enter the apparatus from the protected 'shadow' side, away from moving traffic.

Officers, apparatus operators, crew members in apparatus with individual jump seat configurations and all ambulance personnel must exit and enter their units with extreme caution remaining alert to moving traffic at all times.

Protective clothing or a Class II safety vest, and helmet must be donned upon exiting the emergency vehicle.

- All command staff personnel arriving on an apparatus or emergency vehicle must don Class II vest upon exiting their vehicle.

Always look before opening doors and stepping out of apparatus or emergency vehicle into any moving traffic areas. When walking around fire apparatus or emergency vehicle, be alert to your proximity to moving traffic.

- Stop at the corner of the unit, check for traffic, and then proceed along the unit remaining as close to the emergency vehicle as possible.
- Maintain a 'reduced profile' when moving through any area where a minimum buffer zone' condition exists.

Police Department personnel may place traffic cones or flares at the scene to direct traffic. This action builds upon initial FD cone deployment and can be expanded, if needed, as later arriving Police Officers arrive. Always place and retrieve cones while facing on-coming traffic.

### **High-Volume, Limited Access Highway Operations**

High-volume limited access highways include multi-lane roadways within the FD response area. The Police Department and Department of Transportation (DOT) have a desire to keep the traffic moving on these high-volume thoroughfares. When in the judgment of FD Command it becomes essential for the safety of operating personnel and the patients involved, any or all lanes, shoulders, and entry/exit ramps of these limited access highways can be completely shut down. This, however, should be for as short a period of time as practical.

Unique Safe Parking procedures at high-volume multi-lane roadway incidents;

- First-arriving engine company apparatus shall establish an initial block of the lane(s) occupied by the damaged vehicle plus one additional traffic lane.

An additional apparatus shall be automatically dispatched to all vehicle-related incidents on all limited-access, or high-volume highways with the district.

The primary assignment of this additional apparatus and crew shall be to;

- Establish an upstream block occupying a minimum of one lane plus the paved shoulder of the highway or blockage of driving lanes of traffic upstream of the initial block provided by the first-due apparatus.
- The position of this apparatus shall take into consideration all factors that limit sight distance of the approaching traffic including ambient lighting conditions, weather-related conditions, road conditions, design curves, bridges, hills and over- or underpasses.
- Traffic cones and/or cones illuminated by flares should be placed upstream of the apparatus by the truck crew at the direction of the company officer.
- Traffic cones on limited-access, high-volume roadways shall be placed farther apart, with the last cone approximately 300 feet "upstream", to allow adequate warning to drivers. Personnel shall place cones and flares and retrieve cones while facing the traffic.
- Assign a Flagger person to monitor the response of approaching motorists as they are directed to transition to a slower speed and taper into merged lanes of traffic.
- Notify Command on the incident operating channel of any approaching traffic that is not responding to the speed changes, transition, tapering and merging directions.
- Flagger shall activate a pre-determined audible warning to operating personnel of a non-compliant motorist approaching.
- Driver operator of apparatus shall sound a series of long blasts on the apparatus air horn to audibly warn all operating personnel of the concern for the actions of an approaching motorist.
- Police Department vehicles will be used to provide additional blocking of additional traffic lanes as needed. Med Units shall always be positioned within the safe work zone.
- Staging of additional companies off the highway may be required. Ambulances may be brought onto the highway scene one or two at a time. An adequate size multi-patient loading area must be established.
- Command should establish a liaison with the Police Department as soon as possible to jointly coordinate a safe work zone and to determine how to most efficiently resolve the incident and establish normal traffic flows.
- The termination of the incident must be managed with the same aggressiveness as initial actions. Crews, apparatus, and equipment must be removed from the highway promptly, to reduce exposure to moving traffic and minimize traffic congestion.

**Implementation:** This policy has been approved by the Officers of the Monroe Fire Department and the Monroe Common Council. This policy, and all adopted procedures, provide a guideline for operations within the Monroe Fire Department. Adoption of these guidelines in no way restricts the incident commander, department administration or the Monroe Common Council from modifying operations or implementing exceptions to policy in the interest of safety, efficiency and harmony within the organization. It shall remain in effect until withdrawn or modified by the department.

**Effective Date:** December 2, 2014

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